

KLEIN OAK SAC CAMP

WEEK	DATES	
1	June 8 th – 11 th	SESSION 1: ALL FOOTBALL PLAYERS GRADES 9-12
2	June 15 th – 18 th	REPORT TIME: 7:00 a.m.
3	June 22 nd – 25 th	FOOTBALL SSI: 7:30 a.m. to 8:00 a.m.
	<i>NO SAC the week of JUNE 29th</i>	SAC WORKOUT: 8:00 a.m. to 10:00 a.m.
4	July 6 th – 9 th	
5	July 13 th – 16 th	SESSION 2: ALL OTHER SPORTS
6	July 20 th – 23 rd	REPORT TIME: 9:30 a.m.
		SAC WORKOUT: 10:00 a.m. to 12:00 p.m.

IMPORTANT INFORMATION

- \$135 camp fee.
- Must bring a gallon water jug/container to camp, daily.
- Changes to schedule or camp cancellations due to inclement weather will be made through SportsYou.
- All athletes are strongly encouraged to eat properly and continuously hydrate in preparation for workouts.
- All athletes must sign-in daily by scanning the QR code for their alphabet at the check-in table.
- Athletes must be signed up for SAC to participate in SSI workouts.

CONTACT INFORMATION

- Coach Loyd, S&C Coordinator: mloyd1@kleinisd.net
- Sports Medicine: 832-484-4805
- Klein Oak Athletics Office: 832-484-4801

SIGN-UP

